

# UC DAVIS

## STAFF ASSEMBLY

### General Meeting Minutes

September 8, 2020

12:00-1:00 p.m.

[Zoom](#)

12:00-12:05 p.m.

**Welcome and Intros**

12:05-12:25 p.m.

**Featured Campus Resources**

- WorkLife: Sandy Batchelor, WorkLife Manager
  - The WorkLife department at UC Davis provides programs, policies, referrals and education that enable employees and students to be effective at work, school and home. It encompasses dependent care and family services, workplace well-being, financial support, career flexibility and community involvement.
  - Sandy highlighted the UC Davis Work Life website found here: <https://hr.ucdavis.edu/departments/worklife-wellness>
  - In particular, she focused on Family Care (Website here: <https://hr.ucdavis.edu/departments/worklife-wellness/family-care>) and Work Place Flexibility (Website here: <https://hr.ucdavis.edu/departments/worklife-wellness/workplace-flex>)
  - Within the family care page, information on child care information specific to the Davis and Sacramento campuses can be viewed by selecting the appropriate button
  - These topics, among others, can be accessed off of the main work life page and are routinely updated based on campus guidance and resource acknowledgement
  - Sandy also highlighted the UC Davis WorkLife newsletter. Interested employees may join the WorkLife monthly newsletter by filling in their information here: <https://ucdavis.us3.list-manage.com/subscribe?u=5d81bdcc1538ca0cf6d63708c&id=6357e52f41>
  
- Staff and Faculty Health and Well-being (SFHWB): Connie Tan, Program Coordinator
  - [Staff and faculty well-being is a relatively new program](#)

- They offer programs such as diabetes prevention program, led by registered Dietician (Linda Adams), officially recognized by the Centers for Disease Control and Prevention, big accomplishment
- Linda Adams offers these workshops and consultations to UC Davis staff and faculty
- Among other offerings, SFHWB also offers Nutrition Services and Mindfulness meditation
- Although they are called staff and faculty health and wellbeing, their programs are open to students, alumni retirees and family members
- [They also offer Stress resilience, led by Dr. Neesha Patel staff psychologist on team](#)
- Coming Soon
  - Mindful Eating Series
  - Healthy Meeting and Event Guide (once we return to campus, useful resource)
- Connie discussed Zoom burnout
  - How to incorporate mindfulness into department meetings
  - Time to connect before meetings, how people doing feeling
  - Ending meeting 5 min early for personal time
- [Wellness Ambassador Program](#)
  - Wellness Ambassadors serve as representatives of the UC Davis Staff and Faculty Health and Well-being program while supporting and engaging their colleagues in wellness messaging, programs, activities and resources.
  - Volunteers who engage colleagues
- They also offer a [Healthy Department Certification](#) to highlight departments practicing and promoting health and well being
  - Assess 8 categories
    - Department leaders
    - Communications and Promotions
    - Physical Activity and Movement
    - Food Environment
    - Physical Environment
    - Stress management and Emotional Health
    - Ergonomics
    - Safety
- The program is open August 26 – September 28
- Upcoming Offerings:
  - Live Mindfulness Meditation
  - Monthly Meditation
  - Diabetes Prevention
- Register to attend at [wellbeing.ucdavis.edu](http://wellbeing.ucdavis.edu)

**12:30-12:50 p.m.**

**Executive Committee Updates**

- Molly Bechtel, Chair

- Attending regular meetings with HR and Chancellor May; seeking feedback from staff regarding discussion topics and questions
- Healthy Davis Together initiative kicking off soon
- UC Davis police department meeting regarding two initiatives”
  - Management System
  - Building card access improvements
    - Will be added to 10 new buildings
- Seeking staff representation
  - Recruitment Advisory Committee for the Deans of the College of Letters and Science and College of Engineering
- Provost Mary Croughan will be featured at the next general staff meeting
- Sam Bishop-Green, Chair-Elect
  - Focusing on staff engagement survey
- Kyle Urban, Secretary
  - Currently reviewing bylaws and voting member requirements
- Jennifer Jackson, Communications Chair
  - Changes to Staff Voice layout
  - New section
    - Have you “herd”?
- Carol Swafford, Member Outreach & Engagement Chair
  - Third Thursdays
    - September 17
    - Virtual Tour with Amy Schumer, Director of Student Affairs
    - Coffee Chat, Monthly
- Jaime Allen & Lauren McDiarmid, Events Co-Chairs
  - Event Survey went out
  - Playlist (Music)
  - In place of bake-off, “Nailed it”
- Paul Cody, Past Chair
  - Thank you to all who attended the Council of UC Staff Assemblies
  - 3 CUCSA work groups
    - Staff basic needs, focus on mental health
    - Flexible work arrangements, focus on virtual and remote work
    - Staff Advocacy, focus on compensation for policy covered staff
      - Paul is leading the third work group
    - Over the next nine months, these working groups which comprise of CUCSA delegates from the different UC locations will develop a report of recommendations on the topics and provide those to the new UC President Michael Drake and share with the UC Board of Regents

- CUCSA Staff Engagement Survey
  - Will be conducted for the 5<sup>th</sup> time in April/May 2021
- Fall planning operation workgroup
  - All information is available at [campusready.ucdavis.edu](https://campusready.ucdavis.edu)

**12:50-1:00 p.m.**

**Announcements**

Staff and Faculty Health and Well-being prize winners:

Carla

Steffi

Samantha

**Save the date**

**General Meeting**, featuring Provost Mary Croughan

October 13, 2020

12:00-1:00 p.m.

Zoom