

UC DAVIS

Fire Department

Health 34

Reducing crisis through compassion and kindness

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Est. **FIRE** 1917

Delivering
non-emergency
care and compassion
across campus 24/7

HEALTH



911

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What is Health 34?

- A mobile team of health educators and service navigators responding 24/7 365
- EMS background, training in supportive services
- Getting people off the path to crisis
- Available by phone to respond over the phone or in person



Harm Reduction + Health 34

Typically, the term harm reduction often accompanies substance use.

To Health 34, harm reduction looks like a lot of other things too:

- taking care of your mental and physical health
- education and resources
- empowering people to make their own choices while remaining safe
- encouraging people to help others
- being a friend, listener, or helping hand
- supporting health equity for people of all backgrounds



How can H34 help you reduce harm?

- Develop a safety plan
- Be a non-judgemental space to talk through thoughts, fears, situations, and other anxieties or feelings
- Help make appointments and fill out forms
- Rides to health-related appointments on campus (ADA compliant van)
- Direct you to the appropriate resource
- Education on opioids, narcan, and other substances, or medical conditions
- Leave behind narcan



What is Health 34?

- Health 34 is not a replacement for the 911 system
 - Health 34 is utilizing a 7-digit number
 - You may be asked to hang up and call 911 if there is an emergency
- Anyone on campus can call Health 34
 - While anyone can call Health 34, our response area is limited to on campus



What's with the name?

A common question!

Health 34 is named after station 34 which is our fire stations identifier. Our engine is Engine 34 and fire truck is Truck 34 recognized throughout Yolo county.



Contact Information

There is NO COST to use Health 34

Phone Number: (530) 754-3434

Email: Health34@ucdavis.edu

Health 34 deploys out of the fire station, but we are out and about during the day, so please feel free to stop by the van to say hello, cool down/warm up, or just collect some stickers.

